

IPAC 2018
COMPANION EXCURSION
ITINERARY & INFORMATION SHEET



Companion Guide:
Sheri Rowe, Bash+Fete
778.960.3132 || sheri@bashandfete.com



MONDAY, APRIL 30		10:00AM - 2:00PM	CHINATOWN & DIM SUM LUNCH
10:00AM	<i>Depart JW Marriott for Chinatown</i>		<i>Walk to Historic Chinatown (15 Minute Walk)</i>
10:30AM	<i>Guided Tour Through Historic Chinatown</i>		<i>90 minute guided tour through Chinatown.</i>
12:00PM	<i>Group Dim Sum Lunch</i>		<i>Pre-set dim sum lunch menu at Floata Restaurant.</i>
1:30PM	<i>Depart Chinatown</i>		<i>Walk to JW Marriott (15 Minute Walk)</i>
2:00PM	<i>Return to JW Marriott</i>		
EXCURSION FEE		\$50.00/pp	<i>Fee includes tour guide and dim sum lunch. Does not include additional food and beverage off the pre-set menu.</i>

“One of Vancouver’s few distinct cultural historic neighbourhoods, Chinatown has a universal appeal to locals, tourists, as well as a growing number of emerging chefs, artists, and small business entrepreneurs. The distinct character of buildings are preserved by a heritage designation with murals and window art telling the stories of early Chinese pioneers..”

- www.vancouver-chinatown.com

“Floata Seafood Restaurant is a unique venue in the historic Chinatown of beautiful Vancouver. For an authentic Chinese gastronomic experience, the downtown Vancouver restaurant is the choice of discerning dignitaries, conventioners, and dining enthusiasts who have a taste for the traditional foods of Hong Kong.”

- www.floata.com



Whistler Village (R)
Scandinave Spa (L)



TUESDAY, MAY 1		9:00AM - 6:00PM	WHISTLER
9:00AM	Depart JW Marriott		Transportation provided by private charter.
11:00AM	Drop at Whistler Village for lunch and sightseeing		Guests will explore the village and eat at their leisure before meeting back at bus for scheduled departure to Spa.
1:00PM	Depart to Scandinave Spa		Fee includes bath access, towel, and locker rental. Spa services may be booked in advance at additional cost.
4:00PM	Depart to Vancouver		Transportation provided by private charter.
6:00PM	Return to JW Marriott		
EXCURSION FEE		\$142/pp	Tour includes transportation & bath access at Spa. Fee does not include cost of food and beverage or specialty spa services.

“The Village is the central neighbourhood of the town of Whistler, located at the base of both Whistler and Blackcomb Mountains. [It] is where locals and visitors mingle throughout the year, coming and going from outdoor adventures. There are people shopping and renting skis and bikes, kids exploring the playgrounds and plenty of people-watching opportunities from sunny patios and restaurants!” - www.whistler.com/village

“Scandinave Spa Whistler offers a traditional Scandinavian baths experience in a peaceful and natural environment. The spa’s rustic installations nestled on the edge of the Lost Lake Park spruce and cedar forest will both relax and invigorate you, and provide an escape from daily stress. We believe that silence is essential to the enjoyment of the Scandinavian baths experience.” - www.scandinave.com/whistler



Granville Island (L)
 Museum of Anthropology (R)
 Aquabus (Middle)

WEDNESDAY, MAY 2		9:15AM - 5:00PM	GRANVILLE ISLAND AND UBC
9:15AM	<i>Depart JW Marriott</i>		<i>Walk to Plaza of Nations Aquabus Ferry (5 Minutes)</i>
9:30AM	<i>Depart for Aquabus Minicruise</i>		<i>20 Minute Mini Cruise of the Inner Harbour</i>
10:00AM	<i>Drop at Granville Island</i>		<i>Guests will explore Granville Island, and enjoy lunch, at their leisure before meeting back at bus for scheduled departure to UBC.</i>
12:00PM	<i>Group Lunch on Granville Island</i>		<i>Group reconvenes for a pre-set menu at the Sandbar Restaurant.</i>
1:15PM	<i>Depart to Museum of Anthropology</i>		<i>Transportation provided by private charter.</i>
2:00PM	<i>Guided Tour of MOA</i>		<i>60 Minute Guided Tour followed by independent exploring.</i>
3:30PM	<i>Walk Through UBC Rose Garden</i>		<i>Walk from MOA to UBC Rose Garden (4 Minutes)</i>
4:30PM	<i>Depart MOA to Return Downtown</i>		<i>Transportation provided by private charter.</i>
5:00PM	<i>Return to JW Marriott</i>		
*7:30PM	<i>*Optional Evening Event: Vancouver Opera presents A Russian Songfest (see next page for details)</i>		
EXCURSION FEE		\$95.00/pp	<i>Tour includes transportation & admission to Spa. Fee does not include cost of food and beverage or specialty spa services. Vancouver Opera tickets sold separately.</i>

“The Museum of Anthropology is a place of world arts and cultures with a special emphasis on the First Nations peoples and other cultural communities of British Columbia, Canada.” - www.moa.ubc.ca

“The famous Public Market is home to more than 50 independent food purveyors and contributes to the Island’s appeal as a renowned culinary destination. Granville Island is home to many cultural venues and hosts numerous performing arts and cultural festivals year-round.” - www.granvilleisland.com



SINGLE TICKET FEE \$45.00 Vancouver Playhouse

A RUSSIAN SONGFEST

May 2 at 7:30pm | | Vancouver Playhouse

A Yulanda M. Faris Young Artists Program & Coaching Intensive Program Alumni Recital. An evening of musical riches featuring alumni of Vancouver Opera Training Programs performing a wide range of their favourite Russian songs accompanied by the music staff of Vancouver Opera.

Programme

From Jewish Folk-Poetry Op. 70 by Shostakovich

Featuring Soprano Robyn Driedger-Klassen, Contralto Leah Giselle Field, Tenor Martin Renner Wallace, with Tina Chang on piano.

Three songs by Mussorgsky: "Mephistopheles Song of the Flea", "Night", and "The Seminarist"

Featuring Baritone Aaron Durand, with Leslie Dala on piano.

Romances Op. 38 by Rachmaninoff

Featuring Soprano Caitlin Wood, with Leslie Dala on piano.

Three songs from Petersburg, a vocal poem by Gyorgy Svirodov: "The Breeze has brought from far away", "Petersburg Song", and "The Virgin City"

Featuring Bass-Baritone Peter Monaghan, with Kinza Tyrrell on piano.

Five Poems of Akhmatova by Sergei Prokofiev

Featuring Soprano Karen Ydenberg, with Kinza Tyrrell on piano.



Capilano Suspension Bridge (R)
Lonsdale Quay (L)

THURSDAY, MAY 3		10:00AM - 4:00PM	NORTH VANCOUVER
10:00AM	<i>Depart JW Marriott</i>		<i>Transportation provided by private charter</i>
10:30AM	<i>Drop at Capilano Suspension Bridge</i>		<i>Self guided exploration of three breathtaking experiences at one spectacular destination</i>
1:00PM	<i>Depart to Lonsdale Quay</i>		<i>Explore North Vancouver's Lonsdale Quay and have lunch at your leisure at one of the wonderful restaurants in the area</i>
3:30PM	<i>Depart back downtown</i>		<i>Transportation provided by private charter</i>
4:00PM	<i>Return to JW Marriott</i>		
EXCURSION FEE		\$90/pp	<i>Tour includes transportation and admission to Capilano Suspension Bridge. Fee does not include cost of food and beverage.</i>

“Capilano Suspension Bridge crosses to towering evergreens, cedar-scented rainforest air and Treetops Adventure, 7 suspended footbridges offering views 110 feet above the forest floor. The new Cliffwalk follows a granite precipice along Capilano River with a labyrinth-like series of narrow cantilevered bridges, stairs and platforms and only 16 anchor points in the cliff supporting the structure!” - www.capbridge.com

“Lonsdale Quay Market boasts 80 fresh food vendors, unique retail shops, artisans, restaurants, and a boutique hotel [...] Events throughout the year ensure that no two visits are the same. Whether it’s taking in a local band during an afternoon concert on the waterfront plaza, or braving the 77 steps to the top of the iconic Q Tower for the best view in the city, lasting memories are created daily at Lonsdale Quay Market.” - www.lonsdalequay.com



Historic Gastown (R)
Stanley Park Seawall (L)

FRIDAY, MAY 4		9:00AM - 1:00PM	STANLEY PARK & GASTOWN
9:00AM	<i>Depart JW Marriott for Cycle City Tours</i>		<i>Transportation provided by private charter.</i>
9:30AM	<i>Bike Ride Tour Through Stanley Park</i>		<i>3 hour guided cycling tour through Stanley Park with multiple stops (roughly every 15 minutes).</i>
12:30PM	<i>Return to Cycle City Tours</i>		<i>Return bicycle rentals and board bus for Gastown.</i>
12:45PM	<i>Depart for Gastown Neighbourhood</i>		<i>Transportation provided by private charter.</i>
1:00PM	<i>Explore Historic Gastown</i>		<i>Guests may explore historic Gastown, enjoy lunch, and return to the JW Marriott at their leisure.</i>
EXCURSION FEE		\$92.00/pp	<i>Fee includes transport to bicycle rental shop, bicycle & helmet rental, tour guide and gratuity, and post-tour transport to Gastown.</i>

“Welcome to Stanley Park, Vancouver's first, largest, and most beloved urban park! Explore the 400-hectare natural West Coast rainforest and enjoy scenic views of water, mountains, sky, and majestic trees along Stanley Park's famous Seawall. Discover kilometres of trails, beautiful beaches, local wildlife, great eats, natural, cultural and historical landmarks, along with many other adventures. The park offers a wide range of unforgettable experiences for all ages and interests, including Canada's largest aquarium.” - www.tourismvancouver.com/activities/stanley-park/

“Lively Gastown is known for its whistling Steam Clock and mix of souvenir shops, indie art galleries and decor stores in Victorian buildings. A trendy food and drink scene includes chic cocktail lounges and restaurants serving everything from gourmet sandwiches to local seafood. Hip eateries also dot the neighbouring Downtown Eastside area, while the up-and-coming Railtown district is home to edgy fashion studios.!” - www.gastown.org